

Recommended Anti-Twist Plates

Digital Cameras	Anti-Twist Plate
Canon EOS 10D	300-EOS
Canon EOS 10D s/ Battery Pack	Cork Pad*
Canon EOS 20D	300-SLR
Canon EOS 20D w/BG-E2 Battery Pack	300-BE1
Canon EOS 30D	300-SLR
Canon EOS 30D w/Battery Pack	300-BE1
Canon Digital Rebel	300-EOS
Canon Digital Rebel w/ Vertical Grip	300-BE1
Canon Digital Rebel XT & Xti	300-SLR
Canon Digital Rebel XT & XTi w/ Vertical Grip	300-BE1
Canon Digital Rebel XS & Xsi	300-SLR
Canon Digital Rebel XS & XSi w/ Vertical Grip	300-BE1
Canon EOS 1D	300-BE1
Canon EOS 1Ds	300-EOS
Canon EOS 1D Mark II	300-BE1
Canon EOS 1Ds Mark II	300-BE1
Canon EOS 1D Mark III	300-BE1
Canon EOS 5D	300-EOS
Canon EOS 5D w/ BG-E4	Cork Pad*
Canon EOS 20D	300-SLR
Canon EOS 30D	300-SLR (revised design available Sept 08)
Canon EOS 30D w/ BG-E2N	300-BE1 or 300-NF5
Canon EOS 40D	300-SLR
Canon EOS 40D w/ BG-E2N	300-BE1 or 300-NF5
Fuji FinePix S2 Pro	Discontinued (300-FS1)
Fuji FinePix S3, S4 & S5 Pro	300-SLR
Fuji FinePix S7000	300-SLR
Kodak DCS Pro 14n	Cork Pad*
Kodak Easyshare DX6490	Cork Pad*
Nikon D1x	300-NF5
Nikon D1h	300-BE1
Nikon D2h and D2x	300-EOS
Nikon D2hs	300-BE1
Nikon D3	300-BE1
Nikon D40 and D40x	300-SLR
Nikon D60	300-SLR
Nikon D70	300-NF4
Nikon D80	300-SLR
Nikon D100	300-SLR
Nikon D200	300-SLR
Nikon D200 w/ MB200	300-BE1 or 300-NF5
Nikon D300	300-SLR (revised design available Sept 08)
Nikon D700	300-SLR (revised design available Sept 08)
Nikon Coolpix 5700	Cork Pad*
NOTE: Any Nikon with a MB200 or MBD80 uses a 300-BE1 or 300-NF5; however door is blocked.	
Olympus E-1	Cork Pad*
Olympus E-1 w/ Battery Pack	Cork Pad*
Pentax *istD	300-SLR
Pentax K10D	300-SLR
Pentax K100D	300-H35

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